

HIGHER EDUCATION SPORTS FEST 2019



29 OKTOBER – 2 NOVEMBER 2019

SWIMMING

DATE: 30th - 31st OCTOBER 2019

VENUE: PUSAT AKUATIK, KOMPLEKS SUKAN HANG JEBAT, MELAKA

29/10/2019 (TUES) - Afternoon session

Time	Event Num.	Event	Category	Remark
2.00pm - 7.00pm	OFFICIAL WARM-UP / TEST POOL SESSION			

30/10/2019 (WED)

Morning Session

Time	Event Num.	Event	Category	Remark
9.00am	101	400m Freestyle	Women	TIME FINAL
	102	400m Freestyle	Men	
	103	200m Backstroke	Women	
	104	200m Backstroke	Men	
	105	200m Individual Medley	Women	
	106	200m Individual Medley	Men	
	107	100m Breaststroke	Women	
	108	100m Breaststroke	Men	
	109	50m Butterfly	Women	
	110	50m Butterfly	Men	
	111	4x200m Freestyle	Women	
	112	4x200m Freestyle	Men	

Afternoon session

Time	Event Num.	Event	Category	Remark
2.30pm	201	1500m Freestyle	Men	TIME FINAL
	202	100m Butterfly	Women	
	203	100m Butterfly	Men	
	204	200m Breaststroke	Women	
	205	200m Breaststroke	Men	
	206	100m Freestyle	Women	
	207	100m Freestyle	Men	
	208	50m Backstroke	Women	
	209	50m Backstroke	Men	
	210	50m Breaststroke	Women	
	211	50m Breaststroke	Men	
	212	4x100m Medley Relay	Women	
	213	4x100m Medley Relay	Men	

END OF DAY-1

31/10/2019 (THURS) - Morning session

Time	Event Num.	Event	Category	Remark
9.00 am	301	800m Freestyle	Women	TIME FINAL
	302	400m Individual Medley	Men	
	303	400m Individual Medley	Women	
	304	200m Freestyle	Women	
	305	200m Freestyle	Men	
	306	200m Butterfly	Women	
	307	200m Butterfly	Men	
	308	50m Freestyle	Women	
	309	50m Freestyle	Men	
	310	100m Backstroke	Women	
	311	100m Backstroke	Men	
	312	4x100m Freestyle	Women	
	313	4x100m Freestyle	Men	

END OF DAY-2